

**Utilization Management Review Criteria
for Services for Persons with Mental Retardation and/or Developmental Disabilities**

- Level I: Intro Level / Any person with a Developmental Disability
available to anyone who meets the criteria of the definition of developmental disabilities as stated in GS 122-C. Services may be authorized by the case manager immediately and for a period of up to three months upon completion of an NCSNAP. Upon subsequent review (at the end of or during the first three months) a person-centered plan that engages only Level I supports may be approved for up to one year.
- Level II: Living at Home / Low to Moderate Need
children and/or adults with low to moderate needs living in their own or family home. Supports based on a person centered plan with review as needed but at least annually.
- Level III: Living at Home / High Need
children and/or adults with high needs (behavioral and/or medical) living in their own or family home. Supports based on a person-centered plan with review as needed but at least every six months.
- Level IV: Residential Placement / Low to Moderate Need
children and/or adults with low to moderate needs living out of their family home. Supports based on a person-centered plan with review as needed but at least annually.
- Level V: Residential Placement / High Need
children and/or adults with high needs (behavioral and/or medical) living out of their family home. Supports based on a person centered plan with review as needed but at least every six months.
- Level VI: De-institutionalized Persons
available to consumers leaving state operated institutions or hospitals. The person centered plan is reviewed at a minimum of every three months during the first 18 months after leaving the institution. Within the first 18 month timeframe, consumers should be stepped down to a lower level of service array in which the person centered plan for supports and services may be subject to review less often. Ongoing support at Level VI must be demonstrated by need and accompanied by a plan to step down to a less restrictive level of care.

